SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

NURSING CONCEPTS

COURSE TITLE:

NUR 100-1

RNA 101-1

CODE NO.: SEMESTER:

NURSING AND NURSING ASSISTANT

PROGRAM:

GWEN IBURG

AUTHOR:

SEPTEMBER 1991 SEPT/90

DATE: _____PREVIOUS OUTLINE DATED: _____

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New: Revision;

APPROVED:

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COURSE NAME

CODE NO.

TOTAL CREDIT HOURS: 16

PREREQUISITES) : none

COREQUISITE(S): none

I. PHILOSOPHY/GOALS;

This course enables the student to review the evolution of the nursing profession in Canada. The student will be introduced to the beliefs which form the basis of Nursing Practice. The student will examine the role of the Registered Nurse and Registered Nursing Assistant. Students will commence an exploration of the Health Care System in which the Registered Nurse and Registered Nursing Assistant function.

II. STUDENT PERFORMANCE OBJECTIVES:

- k Upon successful completion of this course the student will:
 - 1. Identify key events in the history of Canadian nursing.
 - 2. Describe the beliefs which form the basis of nursing practice.
 - 3. Determine the significance of values to a health care professional.
 - 4. Discuss the roles and responsibilities of the Registered Nurse and the Registered Nursing Assistant.
 - 5. Recognize nursing organizations which promote the profession of nursing.
 - 6. Identify the major elements of the Canadian health care system affecting nursing practice.

III. TOPICS TO BE COVERED:

- 1. The Meaning of "Nurse" and "Nursing"
- 2. The Relationship of Values to Nursing
- 3. The Meaning of Professionalism
- 4. Historical Development of Nursing in Canada
- 3, Roles and Relationships of the Registered Nurse and the Registered Nursing Assistant
- 5. The Nursing Team
- 7. The Health Care Delivery System

V. LEARNING ACTIVITIES (optional)

1.0 Examine the Meaning of "Nurse" and "Nursing"

Upon successful completion of this unit the student will:

- 1.1 Share from past experience(s)
 and thoughts, own definition
 of a "Nurse", "Nursing
 Assistant" and "nursing".
- 1.2 Describe various public images of the "Nurse", "Nursing Assistant" and "nursing".
- 1.3 Examine beliefs which are commonly held about nursing as represented by:
 - a) The School of Health Sciences' philosophy
 - b) The College of Nurses of Ontario's philosophy
- 1.4 Examine the following values and attitudes which are crucial to nursing:
 - a) caring
 - b) helping and serving
 - c) respecting the client(s)
 - i) dignity
 - ii) privacy/confidentiality
 - iii) autonomy
 - iv) individuality
- 1.5 Examine the following definitions of nursing by nursing leaders:
 - a) Virginia Henderson
 - b) Dorothea Orem
 - c) Sister Callista Roy
- 1.6 Identify the significance of defining nursing.
- 1.7 Examine some of the difficulties in defining nursing.

REQUIRED RESOURCES

Kozier, B. and Erb, G.,
Fundamentals of Nursing,
Ch. 1, pp. 2-"5~

Kozier, B. and Erb, G., Concepts and Issues, pp. 19-21

Reprints entitled:

- 1) Diploma Nursing Programme Philosophy
- 2) Nursing Assistant Programme Philosophy
- 3) College of Nurses of Ontario, <u>Protecting</u>
 the Health Care
 Consumer, pp. 3

Kozier, B. and Erb, G., Fundamentals of Nursing, pp. 71-73

Kozier, B. and Erb, G., Concepts and Issues, pp. 10-12

Kozier, B. and Erb, G.,
Fundamentals of Nursing,
pp. 3-4 (hereafter
referred to as Fundamentals
of Nursing)

Kozier, B. and Erb, G., <u>Concepts and Issues</u>, pp. 3-4 (hereafter referred to as Concepts and Issues)

LEARNING ACTIVITIES (continued)

2.0 Examine How the Concept of Values Relate to Nursing

Upon successful completion of this unit, the student will:

- 2.1 Define values.
- 2.2 Describe six methods of learning values.
- 2.3 Share own method of learning values.
- 2.4 Describe Rath's seven steps of valuing.
- 2.5 Share own development, in Rath's steps for a selected value.
- 2.6 Explore own values which may influence nursing practice.

3.0 Explore the Meaning of Professionalism

Upon successful completion of this unit, the student will:

- 3.1 Compare the following terms: Any English Dictionary
 - a) vocation
 - b) occupation
 - c) profession
- 3.2 Examine the following authors' views about nursing as a profession:
 - a) Styles (1983)
 - b) Miller (1985)
 - c) Moore and Rosenblum (1970, 1977)
 - d) Flaherty (1979)

REQUIRED RESOURCES

Fundamentals of Nursing, pp. 124-132

Concepts and Issues, pp. 274-281

Fundamentals of Nursing, pp. 6-10

Concepts and $\underline{\mathtt{Issues}}$, pp. 6-10

CV. <u>LEARNING ACTIVITIES</u> (continued)

- 3.3 Identify the role of the following nursing organizations:
 - a) Canadian Nurses' Association
 (C.N.A.)
 - b) Canadian Association of Practical Nurses (C.A.P.N.A.)
 - c) College of Nurses of Ontario (C.N.O.)
 - d) Registered Nurses' Association
 of Ontario (R.N.A.O.)
 - e) Ontario Association of Registered Nursing Assistants (0.A.R.N.A.)
 - f) Ontario Nurses' Association (O.N.A.)
- 3.4 Examine the responsibilities of being a member in the nursing associations listed above.

Consider:

- i) student membership and
- ii) graduate membership
- 4.0 Explore the Historical Development of Nursing in Canada

Upon completion of this unit, the student will:

- 4.1 Describe nursing as an evolving profession.
- 4.2 Identify the significance of the following to the development of nursing in Canada and Ontario, in particular.
 - a) development of hospitals
 - b) development of the categories of nurse and nursing assistant
 - c) education programs for nurses and nursing assistants
 - d) wars
 - e; economics
 - : politics

REQUIRED RESOURCES

Set of pamphlets (on reserve in Library)

C.N.O., <u>Protecting the Health</u> Care Consumer, 1988

<u>Fundamentals of Nursing</u>, pp. 16-18

Concepts and Issues, pp. 304

C.N.O. Video: A <u>Tradition</u> of Excellence

Kerr and MacPhail,
Canadian Nursing: Issues
and Perspectives, 1st or
2nd ed., pp. 3-23
(on reserve in Library)

Fundamentals of Nursing, pp. 5-6 pp. 1404 - Appendix A

Concepts and Issues, pp. 22-27

Pamphlet entitled:
The RNA and OARNA: Together
We Grew, and Together We
Remain Strona, ~o. 1-4
•e serve

LEARNING ACTIVITIES (continued)

- 3 State the purpose of Nurse Practice Acts
- 4 Discuss the significance of the following legislation in achieving self-regulation for nurses in Ontario.
 - a) Nurses Registration Act, 1951
 - b) Nurses Act, 1961-1962
 - c) establishing the College of Nurses of Ontario, 1962
 - d) Health Disciplines Act, 1974 R.S.O. 1988

Describe the Roles and Relationships of the Registered Nurse and the Registered Nursing Assistant.

- 5.1 Discuss the functions of the Registered Nurse and the Registered Nursing Assistant as specified by the College of Nurses Practice for Registered of Ontario, revised 1990
- 5.2 Explain the definition of "minimum standard of practice", as currently defined by the College of Nurses of Ontario.
- 5.3 State and explain each Standard of Nursing Practice for Registered Nurses and Registered Nursing Assistants in own words.
- 5.4 Discuss Sanctioned Medical Acts and Added Nursing Skills
- 5.5 Discuss the reciprocal role and responsibilities of the Registered 1990 Nurse and the Registered Nursing Assistant as currently described by the College of Nurses of Ontario.

Discuss some of the difficulties in defining the levels of nursing practice.

a •) R. N. A,

- o) R.N.
- c) B.Sc.N.

REQUIRED RESOURCES

Fundamentals of Nursing, pp. 11

Concepts and Issues, pp. 248

Ford, Ann, A History of the College of Nurses of Ontario, pp. 10-15, 19-21 (on reserve in Library) Health Disciplines Act, 1974, R.S.O., 1988

Fundamentals of Nursing, pp. 11, 28-33

Concepts and Issues pp. 8-19

The Standards of Nursing Nurses and Registered Nursing Assistants, 1990

C.N.O. Video, For the Years Ahead

O.A.R.N.A. Video: The Bedside Specialist

C.N.O. Guidelines for Decision-Making About Added Nursing Skills and Sanctioned Medical Acts,

fv. LEARNING ACTIVITIES (continued)

REQUIRED RESOURCES

6.0 Examine the Concepts Involved with Team Work in Providing Health Services

Upon successful completion of this unit, the student will:

Fundamentals of Nursing, pp. 13-15

6.1 Identify members of the nursing team.

Concepts and Issues, pp. 19, 40-42

- 6.2 Identify key characteristics required of the nurse to be a team member.
- 6.3 Give examples of nursing actions for the RNA and RN to illustrate

Fundamentals of Nursing, pp. 224-225, 227-228

- a) independent nursing actions
- b) dependent nursing actions

Concepts and Issues, pp. 12-13, 191-192

- 6.4 Identify the responsibilities
 of:
 - a) RN to RNA
 - b) RNA to RN
 - c) RN/RNA to other nursing team members
- 6.5 Describe methods of nursing
 care delivery:

Fundamentals of Nursing,
pp. 10-11

- a) primary nursing
- b) modular nursing
- c) team nursing
- d) functional nursing
- e) total patient care/case method
- 6.6 Identify various members of the health care team.
- Fundamentals of Nursing, pp. 111-113
- 6.7 Discuss the educational preparation needed and main role of selected members on the health care team.
 - 3 Describe ways to promote good working relationships among members of the nealth care -earn.

^rv. <u>LEARNING ACTIVITIES</u> (continued)

- 6.9 Identify settings where the nursing team and health care team work:
 - i) acute care
 - ii) long term care
 - iii) critical care areas
 - iv) rehabilitation
 - v) Health Maintenance Organization (eg: Group
 - vi) Health Centre)
 - vii) Hospices

Home Care (government &

viii) private)

Specialty Units

ix. (eg: Kidney, Dialysis,
Maternity, Nursing Homes)

Public Health Units

- 6.10 Identify ethe Attumat Headth Unit) background and/or essential knowledge needed to work in selected work settings.
- 6.11 Examine organizational charts
 for selected health care
 settings (eg: nursing home,
 hospital)
- 6.12 Discuss the need for to be familiar with the organizational chart where they work.

REQUIRED RESOURCES

Fundamentals of Nursing, pp. 10, 108-111

Concepts and Issues, pp. 208-209, 213-218

Fundamentals of Nursing,
pp. 13-16

Hospital or Nursing Home Organizational Chart (available from assigned institution)

CV. LEARNING ACTIVITIES (continued)

REQUIRED RESOURCES

- 7.0 Identify the structure and function of the Canadian Health Care System.
 - 7.1 Describe why RN's and RNA's need to understand the health care system.
 - 7.2 Identify the major elements of the health care system.
 - a) Describe the 5 principles upon which the Canadian Health Care System is based.

Canada Health Act, 1984 (in reference section of Library)

- i) comprehensiveness
- ii) accessibility
- iii) universality
 - iv) portability
 - v) public administration
- b) Identify the users of the system.
- c) Identify resources necessary to keep the system maintained and working.
 - i) manpower
 - ii) buildings
 - iii) equipment
 - iv) supplies and material
 - v) adequate financing
- d) Identify the following providers of the Canadian Health \overline{Care} System.

Health and Welfare Canada, Annual Report, 1989-90, pp. 5-53

- i) Federal Government
 - Dept. of National Health Annual Report, 1989-90, & Welfare
- transfer payments ii) Provincial Government
 - Ministry of Health
- iii) Municipal Government
 - shared funding of local health units

Ontario Ministry of Health, pp. T.B.A. (reports on reserve in Library)

^/. <u>LEARNING ACTIVITIES</u> (continued)

REQUIRED RESOURCES

- 7.3 Discuss how the average citizen funds the health care system.
- 7.4 Identify the cost of some everyday Clinical/community assignment supply items and some specialized T.B.A. equipment.
- 7.5 Discuss the need for nurses to know and be aware of costs within the health care system.

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EVALUATION METHODS: (INCLUDES ASSIGNMENTS, ATTENDANCE REOUIREMENTS, ETC.)

A combination of tests and assignments will be used to evaluate student achievement of the course objectives. A description of the evaluation methods will be provided and discussed within the first two weeks of class.

VI. REQUIRED STUDENT RESOURCES:

Textbooks for full-time and part-time Nursing students:

1. Kozier, B., Erb, G., and Olivieri, R., <u>Fundamentals of Nursing: Concepts</u>, <u>Process and Practice</u>, <u>Addison-Wesley Publishing Company</u>, <u>Don Mills</u>, <u>Ontario</u>, 1991

Textbooks for Nursing Assistant students:

2. Kozier, B., and Erb, G., <u>Concepts and Issues in Nursing Practice</u>, Addison-Wesley Publishing Company, Don Mills, Ontario, 1987.

Textbooks for all students:

- 3. College of Nurses of Ontario publications (complimentary copies will be handed out in class)
- 4. The Standards of Nursing Practice for Registered Nurses and Registered Nursing Assistants, 1990
- 5. Guidelines for Decision-Making About Added Nursing Skills and Sanctioned Medical Acts, 1990.
- 6. The Health Disciplines Act, 1974 (R.S.O. 1988)
- 7. Protecting the Health Care Consumer, 1988
- VII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION: (title, publisher, edition, date, library call number if applicable)
 - Racklis, M. and Kushner, C, Second join-on: whan'3 Mrong With Canada's Health Care System and Hew :: 7i.- I: :o11_ns. Toronto, 1989 (RA 395 C.3 R32)
 - Flynn, J. and Heffron, ?., <u>Nursing</u>: <u>?rom Concept to Practice</u>
 2nd edition, Appleton & Lange, Norwalk, Connecticut, 1988 (RT41.N883)

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"On Reserve" Section:

- 1. Baumgart, A.J., and Larsen, J., <u>Canadian Nursing Faces the</u> Future, C.V. Mosby, Toronto, Ontario, 1988
- Ford, A., A <u>History of the College of Nurses of Ontario</u>, A Commemorative Booklet, College of Nurses of Ontario, Toronto, 1988
- 3. Kalisch, P.A. and Kalisch, B.J., <u>The Changing Image of the Nurse</u>, Addison-Wesley Publishing Company, Don Mills, 1987
- 4. Kerr, J. and MacPhail, J., <u>Canadian Nursing: Issues and Perspectives</u>, 2nd edition, C.V. Mosby Company, Scarborough, Ontario, 1991
- 5. Storch, J., <u>Patients Rights: Ethical and Legal Issues in Health Care and Nursing</u>, McGraw-Hill Publishing Company, Toronto, 1982

Periodical Section;

The following publications are identified for your interest.

Newsletters:

- 1. College Communique, College of Nurses of Ontario Newsletter
- 2. The R.N.A.O. News
- 3. O.A.R.N.A. Newsletter
- 4. O.N.A. Newsletter

Magazines:

- 1. The Registered Nurse
- 2. The Canadian Nurse

Audiovisual Section:

The following videos may be shown in class and aire available from the Health Sciences technician.

- 1. Canadian Nurses Association (C.N.A.' video
 - i) Serving a Dynamic Profession
- '. "oileae of Nurses ot Ontario Z *~. " \cdot ' d: Tradition of Excellence
 - ii; For the Years Ahead
- 3. Ontario Association of Registered Nursing Assistants (O.A.R.N.A.)
 - i) The Bedside Specialist

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VII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION CONTINUED: (title, publisher, edition, date, library call number if applicable)

CD-ROM Collection:

- 1. Nursing and the Allied Health (CINAHL)
 - i) CD available from Librarian, Sault College Library

VIII. SPECIAL NOTES

Students with special needs (eg: physical limitations, visual and/or hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the teacher.

Your teacher reserves the right to modify the course as he/she deems necessary to meet the needs of students.